



Abbey Ross

Mental Health Technician

Ohana Apartments

Bio:

Abbey was born in Neligh, Nebraska but was raised for the majority of her life in Fort Collins, Colorado. She graduated from Poudre High School in 2001. She later enrolled in Cosmetology school and graduated in 2007.

Abbey did not have a lot of experience when she started working at the Carbon County Counseling Center 4 years ago, but has learned how to best help improve the quality of life for the SPMI Clients and assist them with getting established on their own in their community. She is very compassionate and understanding what is important to each individual.

Abbey is the proud mother of Liam and also a proud wife of a Soldier, David. Her mother resides in Colorado and her father passed away in 2008. Her interests include camping, hunting, taking the RZR around and spending time with family and friends.