



Sarah Cruz

Mental Health Technician

Ohana Apartments

Bio:

Sarah was born in Chacon, New Mexico, moved to Rawlins, WY in 1967 at the age of 10. She graduated from Rawlins High School in 1975. Sarah married Benjamin Cruz in 1981 and they are proud parents of two children, Paul and Christine Cruz. She is also a very proud grandmother of 8 year old Layla.

Sarah started working for the Carbon County Counseling Center as a Mental Health Technician in June of 2007. While on the job she has attended numerous trainings which include The ACT Conference in Boston, Mass. She enjoys working with and assisting clients at the Center.

Sarah's interests are visiting family. Teaching her granddaughter to cook and working on craft projects. She also takes vacation trips to her beloved birthplace.